

PBIS Cool Tool

“Make Positive Choices”

Expectation: Be Responsible – Be Respectful

SEL Standards

Goal 1 – *Develop self-awareness and self-management skills to achieve school and life successes.*

Goal 3 – *Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.*

Purpose of the Lesson:

- It is important to make positive choices because in the end, we are responsible for our own actions. If we want “positive consequences”, then we need to make “positive choices”.

Teaching Examples, Discussion, and Activities:

Discuss the following:

- What does it mean to make positive choices? (discuss student examples)
- Who is responsible for **your** successes?
 - When you think of what you’ll be doing 10 or 15 years down the road, how will you have gotten there? Who decides this?
 - No one but **YOU** can decide to do your best inside and outside of school. No one but **YOU** can decide to lead a productive life.
- How can **YOU** make positive choices at school?
 - Have students list (or discuss) ways to make positive choices at school in different settings such as:
 - the cafeteria
 - the classroom
 - during P.E. class AND in the locker room
 - in the hallways
 - in the media center
 - in the main office, counseling office, and other staff offices
 - in the stairwells
 - outside before and after school

Follow-Up/Reinforcements:

- Rewarding students with Charger Checks for making positive choices will be effortless due to the fact that we can reward for even the smallest, but most meaningful things. A student who says “thank you” or “excuse me”, or offers assistance to another student well deserves the reward. The student is showing respect and is making a positive choice. Let’s get those Charger Checks out to the kids!